ADRC Advisory Committee Agenda Jefferson County Human Services Department

June 2, 2020



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Date: Tuesday, June 2, 2020

Time: 1:00 p.m.

Committee Members: Russell Kutz, Chair; Jeanne Tyler, Vice-Chair; Janet Sayre Hoeft, Secretary; Ellen Sawyers, Ruth Fiege. LaRae Schultz, and Frankie Fuller.

- 1. Call to order
- 2. Roll call (establishment of a quorum)
- 3. Certification of compliance with Open Meetings Law
- 4. Approval of the agenda
- 5. Approval of the ADRC Advisory Committee minutes from May 5, 2020
- 6. Communications
- Public comment (Members of the public who wish to address the committee on specific agenda items must register their request at this time)
- 8. Election of Chair, Vice-Chair and Secretary
- Advocacy Updates from GWAAR Greater Wisconsin Agency on Aging Resources and /or ORCD Office of Resource Center Development
- 10. Discussion and possible action on Requests for Waiver of Transportation Co-payment
- 11. Discuss ADRC Report Dominic Wondolkowski, ADRC Supervisor
- 12. Discuss Senior Dining Program Updates- Kimberly Swanson, Senior Nutrition Program Supervisor
- 13. Discuss Mobility Management Updates Mike Hansen, Mobility Manager
- 14. Discuss Family Caregiver Programs Kim Herman, Family Caregiver Specialist
- 15. Updates on Innovative Ideas for Re-Opening
- 16. Discussion on items for the Next Agenda
- 17. Adjournment

Next scheduled meetings:

August 4, 2020 September 8, 2020

July 7, 2020

A Quorum of any Jefferson County Committee, Board, Commission or other body, including the Jefferson County Board of Supervisors, may be present at this meeting.

Individuals requiring special accommodations for attendance at the meeting should contact the County Administrator 24 hours prior to the meeting at 920-674-7101 so appropriate arrangements can be made.

Advocacy Updates

GWAAR – Greater Wisconsin Aging Advocacy Resources and ORCD- Office of Resource Center Development

Emergency Internet Resources for Wisconsin Residents

The Public Service Commission of Wisconsin wants to let your organization know about three things we are doing to help residents connect to internet and phone service.

Internet and Phone Helpline 1 (608) 267-3595 M-F 7:45 – 4:30 a customer service phone line for people who need help locating phone or internet service, a Consumer Affairs staff person will walk through internet and phone service options, share any discount information and provide information about Lifeline eligibly and enrollment.

Emergency Internet Resources Website

https://psc.wi.gov/Pages/Programs/BroadbandEmergencyInternetResources.aspx Many internet service providers are offering low-cost, discounted and free access options in response to the COVID-19 health emergency. The geography served, eligibility for offers, type of discount and length of time varies. This website compiles the information the Commission currently has.

Open Wi-Fi tool for Drive Up Internet <u>https://maps.psc.wi.gov/apps/PublicWiFiLocations/</u> An online tool that can assist users in finding free-to-use public broadband locations in their area. These are emergency internet locations for when residents who don't do not have access to the internet at home. The buildings are closed but the Wi-Fi connections remain accessible.

READYWISCONSIN RELEASE: Wisconsin Heat Awareness Day is June 3

- MADISON, Wis. The arrival of June means people across Wisconsin can expect hotter temperatures across the state in the months ahead. To help encourage everyone to be prepared, Gov. Tony Evers has declared this Wednesday, June 3 Heat Awareness Day in Wisconsin.
- "While the warmer weather is great for spending time outdoors, the heat can turn dangerous quickly if you're not ready," said Dr.
 Darrell L. Williams, Wisconsin Emergency Management administrator. "That's why it is so important for everyone to be able to recognize the signs of heat-related illness and what they can do to remain safe when temperatures climb."
- In 2019, preliminary figures from the Wisconsin Department of Health Services show five people died in Wisconsin due to heatrelated causes. In the last five years, at least 17 people have died in Wisconsin and thousands of residents have fallen ill or been hospitalized due to heat-related conditions.
- Those most vulnerable include very young children, the elderly, and people with heart disease or high blood pressure. Individuals who are overweight or on certain medications may also be more susceptible to illnesses during extreme heat events.
- Many victims of heat-related illnesses are elderly or have mobility issues. In light of the current COVID-19 pandemic, it's especially important to make sure those who are socially isolated are remaining safe when temperatures climb.
- The inside of a car can be especially dangerous. On an 80-degree Fahrenheit day, temperatures in a vehicle parked in direct sunlight can climb almost 20 degrees in just 10 minutes. Never leave a child or pet inside a parked car. Leaving a window cracked is not enough.
- Tips for staying safe during extreme heat:
- Stay cool Remain inside air-conditioned buildings as much as possible during the hottest parts of the day and avoid direct sunlight.
- Stay aware Watch for signs of heat-related illnesses, such as weakness, dizziness, nausea, and muscle cramps. If symptoms
 don't improve, seek medical attention.
- Stay hydrated Drink plenty of water. Don't wait until you're thirsty to drink!
- Stay informed Pay attention to local weather forecasts and extreme heat alerts.
- A copy of Gov. Evers' proclamation is available at <u>https://tinyurl.com/ybpvn7t2</u>You can view ReadyWisconsin's full Heat Awareness Day packet at <u>https://tinyurl.com/yd79kft3</u>For more tips on emergency preparedness, head to <u>http://readywisconsin.wi.gov</u>.

Survey is being sent on behalf of the Governor's Committee for People with Disabilities and the Office for Physical Disabilities and Independent Living.

Both the Governor's Committee for People with Disabilities and the Bureau of Aging and Disability Resources have received inquiries from people with disabilities having difficulty obtaining food during the pandemic. In order to obtain data as to reasons people may be experiencing barriers related to food access and nutrition services, we are looking for individuals with disabilities to complete this brief survey on food access during the COVID-19 pandemic.

The <u>survey</u> is available at:

https://www.surveygizmo.com/s3/5611309/Individuals-food-access-andnutrition-support.

If you need the survey in an alternative format, please contact Lisa Sobczyk at <u>lisa.sobczyk@dhs.wisconsin.gov</u>.

Please respond by Monday, June 8, 2020.

Thank you in advance for your participation!



People Receiving FoodShare or Pandemic EBT Benefits Can Now Order and Purchase Food Online Using Their QUEST or P-EBT Card

Starting May 21, 2020, people who receive FoodShare or Pandemic EBT (P-EBT) benefits will be able to order and purchase food on Amazon's and Walmart's websites using their QUEST or P-EBT card.

In light of the COVID-19 pandemic, the U.S. Department of Agriculture's Food and Nutrition Service has approved Wisconsin's request to expedite implementation of <u>online food purchasing</u> at authorized retailers for people who receive FoodShare or Pandemic EBT benefits. To become authorized, retailers must meet <u>online purchasing requirements determined by the Food and Nutrition Service</u>. At this time, the Food and Nutrition Service has only authorized Amazon and Walmart to accept online payments in Wisconsin. The Wisconsin Department of Health Services will support Wisconsin-based retailers as they work with the Food and Nutrition Service to become authorized in Wisconsin.

Purchasing Process

When purchasing food on Amazon's and Walmart's websites, people will be able to choose an EBT card payment option and enter their card details. They will be asked to enter their card PIN each time they check out.

People can only use their QUEST or P-EBT card to <u>purchase eligible food</u>. If they are ordering other items at the same time, they will be asked to enter another form of payment to purchase those items.

<u>Amazon</u> and <u>Walmart</u> provide more information about the purchasing process on their websites.

If people experience an issue while making an online purchase with their QUEST or P-EBT card, they should first check that they have a balance on their card by going to the <u>ebtEDGE website</u>, using the <u>ebtEDGE mobile app</u>, or calling QUEST Card Service at 877-415-5164. If they have a balance, they should contact Amazon or Walmart customer service for assistance.

Delivery

Delivery options depend on location. Amazon delivers across the state and offers free shipping on eligible orders over a certain dollar amount. Walmart delivers to certain locations or offers pick up at the store.

Both Amazon and Walmart may charge a delivery fee in some cases. Delivery fees cannot be paid with QUEST or P-EBT cards; they must be paid with another form of payment.

Other Purchasing Options

Some grocery stores offer other options to help people purchase their food safely and easily. For example, people can order their food online or over the phone, choose an EBT card payment option, and swipe their QUEST or P-EBT card when they pick up their order, either curbside or in store. People should check with their local grocery stores to see what options they offer.

IRIS (Include, Respect, I Self-Direct) Waiver Renewal Posted for Public Comment

The Wisconsin Department of Health Services (DHS) is planning to submit a request to the Centers for Medicare & Medicaid Services to renew the 1915(c) IRIS Program waiver. **Public comments are due by June 29, 2020**

Your input on the changes is important. By law, you have the opportunity to review and comment on the IRIS waiver renewal.

A copy of the draft IRIS waiver is available on the IRIS: News webpage.

You may submit your comments by email or mail.

Email: <u>dhsltccomments@dhs.wisconsin.gov</u>

Subject: IRIS 1915(c) Waiver Renewal Mail: Wisconsin Department of Health Services - DMS Bureau of Adult Programs and Policy Attn: IRIS 1915(c) Waiver Renewal 1 West Wilson Street, Room 518 PO Box 309 Madison, WI 53701-0309

For more information about Medicaid Home and Community-Based Services waivers, please see <u>1915(c) Waiver</u>.

Elderly Nutrition Program Update

- January through April 2020 Nutrition Services Incentive Program (NSIP)
 - Total NSIP Meals: 9,366 for 450 participants (2019: 8,990/476)
 - Congregate meals: 2054 for 293 participants (2019: 3,156/355)
 - Home delivered meals: 7,312 for 169 participants (2019: 5,834/124)
 - 10 new HDM participants in May
- New Weekend Home Delivered Meals (17 participants)
 - Meals delivered with Friday meal
 - Reservations requested by noon on Wednesday
- Johnson Creek route
 - Working to expand the number of delivery days

Elderly Nutrition Program Update

- Curbside delivery
 - 15 counties offer this option (of counties that answered the survey)
 - Varies from 1-5 days/week
 - Menus vary from their usual menu to supplemental foods
 - May be a hot meal or frozen or a combination of hot & cold items
 - Some counties partnered with a restaurant
 - Plan to implement in select locations soon

ADRC Driver / Escort Program

Driver / Escort Ridership

Monthly Results

% Incr.

previous

over 58

year

Mobility Manager Report

Month	2017	2018	2019	2020
Jan	305	503	346	861
Feb	356	376	400	865
Mar	390	426	408	645
Apr	379	428	561	349
May	368	482	701	402
Jun	413	392	567	
Jul	361	328	657	
Aug	382	362	647	
Sep	337	373	652	
Oct	435	499	682	
Nov	372	444	634	
Dec	343	409	740	
Total	4,441	5,022	6,995	
Y-to-Y Chng (%)		13.08	39.29	







Kim Herman, MSW

Family Caregiver Support Specialist

Title 3B – Supportive Services Assistance Program



What is the Supportive Services Assistance Program?

This program provides financial subsidies through the Older American's Act to help pay for basic personal care, homemaker, chore services, adult day care, temp respite and case management.

- Who is Eligible: Person's 60 years of age or older who need assistance in completing a least two activities of daily living.
- •
- How to Apply: Call the ADRC at 920-674-8734 or 1-866-740-2372 or stop in at the address above. Hours are weekdays, excluding holidays, 8:00 am - 4:30 pm.

There are a few questions that is asked to determine if you are eligible to receive Older Americans Act services and to comply with federal reporting requirements. This information will be stored in a secure electronic database and will not be used for any other purpose.

This is a limited program of 2 hours every other week. There is no charge for this program but recipient will receive a letter to offer if they would like to make a donation towards the program.



Wisconsin's Family Caregiver Support Programs

National Family Caregiver Support Program (NFCSP) Alzheimer's Family Caregiver Support Program (AFCSP)

National Family Caregiver Support Program (NFCSP)

This program offers respite, information, support, and other resources to family caregivers.

HOW DOES THE PROGRAM WORK?

Caregiver support services are available to all families caring for a person aged 60 or older or someone with dementia. Grandparents and older relatives caring for minor children or an adult with a disability may also qualify for the program.

WHAT CAN THE PROGRAM PROVIDE?

Limited short-term respite care provided in the home, at a day program or a short stay in a facility. Respite services for caregivers include:

- Chore services, such as yard work, snow shoveling or heavy housework
- Personal care, such as dressing, bathing or toileting
- Daily homemaking tasks, such as meal preparation, shopping or light housework
- Companionship and general supervision for safety purposes.

Services and items that assist the caregiver in provided care including:

- Transportation and assisted transportation
- Assistive devices (weighted silverware, adaptive clothing, door locks, bed alarms, etc.)
- Minor home modifications (wheelchair ramps, grab bars, etc.)
- Supplies (incontinent supplies, etc.)
- Safety Equipment (emergency response system, Safe Return, etc.).



Wisconsin Alzheimer's Family and Caregiver Support Program (AFCSP)

This program was created to enhance the lives of informal and family caregivers while helping people with dementia remain living in the community as long as possible.

WHAT CAN THE PROGRAM PROVIDE? Typical goods and services include:

- Respite care or home care services (personal care assistance, meal prep, medication assistance and monitoring, homemaker services, yard work and snow removal, etc.)
- Emergency response systems
- Transportation expenses
- Incontinence supplies
- Home safety modifications
- Home-delivered meals
- Specialized clothing
- Activities and hobby supplies
- Legal expenses related to guardianship
- Caregiver counseling services
- Caregiver education classes
- Individualized services as approved

Caregiver support groups and caregiver education opportunities are also provided in each community. Contact your local Aging and Disability Resource Center or Alzheimer's organization for events in your area.

BENEFITS OF ACCEPTING HELP

Caring for someone with Alzheimer's disease can be stressful. Learning about the disease and accepting help from others can make the task easier.

No person can do everything alone. Caregiver respite care and support services relieve stress, protect the caregiver's health and enhances the joy of caregiving.



Questions?